

# TENNIS ACTIVITIES SCHEDULE UNTIL MAY 31st, 2025

 TEACHING ACTIVITY

 ACTIVITY WITHOUT TEACHING

 ACTIVITY ON CLAY COURT

Save **UP TO 20%** on our activities with your **VIP** or **PRESTIGE** benefit package.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p><b>PLAY BETTER IN SINGLES</b> 6:30 to 8 a.m. Simon \$29 sfiliatrault@tennis-ids.com</p>	<p><b>INITIATION TO TENNIS</b> 6:30 to 8 a.m. Simon \$29 sfiliatrault@tennis-ids.com</p>	<p><b>PLAY BETTER IN SINGLES</b> 6:30 to 8 a.m. Simon \$29 sfiliatrault@tennis-ids.com</p>			
		<p><b>PLAY BETTER IN DOUBLES</b> 10 to 11:30 a.m. Sergio P. \$38 sprandini@tennis-ids.com</p>		<p><b>DOUBLES LEAGUE</b> 10 a.m. to 12 p.m. Sergio P. \$33 sprandini@tennis-ids.com</p>		
	<p><b>TENNIS FITNESS</b> 11:30 a.m. to 1 p.m. Sergio I. \$38 sibarra@tennis-ids.com</p>	<p><b>UP AND DOWN CHALLENGE</b> 11:30 a.m. to 1 p.m. Firas \$33 fmolhem@tennis-ids.com</p>	<p><b>TENNIS FITNESS</b> 12 to 1 p.m. Firas \$32 fmolhem@tennis-ids.com</p>	<p><b>UP AND DOWN CHALLENGE</b> 12 to 1:30 p.m. Jean-François \$33 (514) 250-9324</p>	<p><b>PLAY BETTER IN DOUBLES</b> 1 to 3 p.m. Dariusz \$44 dkozak@tennis-ids.com</p>	
						<p><b>UP AND DOWN CHALLENGE</b> 3:30 to 5 p.m. Jean-François \$33 (514) 250-9324</p>
		<p><b>PLAY BETTER IN SINGLES</b> 8 to 9:30 p.m. Victor \$38 valexandru@tennis-ids.com</p>	<p><b>DOUBLES LEAGUE</b> 8 to 9:30 p.m. Firas \$29 fmolhem@tennis-ids.com</p>	<p><b>SINGLES LEAGUE</b> 8 to 9:30 p.m. Firas \$29 fmolhem@tennis-ids.com</p>	<p><b>DOUBLES LEAGUE</b> 6:30 to 8:30 p.m. Firas \$29 fmolhem@tennis-ids.com</p>	<p><b>UP AND DOWN CHALLENGE</b> 5 to 6:30 p.m. Jean-François \$33 (514) 250-9324</p>
<p><b>SINGLES LEAGUE</b> 8 to 9:30 p.m. Firas \$33 fmolhem@tennis-ids.com</p>	<p><b>SINGLES LEAGUE</b> 9 to 11 p.m. Firas \$29 fmolhem@tennis-ids.com</p>	<p><b>PERFORMANCE TENNIS</b> 9:30 to 11 p.m. Victor \$29 valexandru@tennis-ids.com</p>				
<p><b>PERFORMANCE TENNIS</b> 9:30 to 11 p.m. Victor \$29 valexandru@tennis-ids.com</p>						



Registration until noon the day before the activity via our online platform.  
Start of our activity schedule: September 3, 2024 | Cancellation policy 24h

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 instagram.com/tennisids